

## Division of Behavioral & Mental Health Services

The DBMHS Crisis Response Team (CRT) provides immediate crisis response and postvention to address substance use co-occurring issues, suicidal ideation, or self-harm. We help individuals and families on the Navajo Nation and surrounding border towns when a community trauma inducing incident occurs.

The DBMHS CRT coordinates with local law enforcement and healthcare partners to provide immediate crisis response and postvention services. Cultural sensitivity is considered when collaborating with individuals on, or surrounding, the Navajo Nation.

### Mission

Providing comprehensive behavioral health services to Native families.

### Vision

Diné Be'iina' Hozhoogo Silá  
*In the Navajo Way of Life there is beauty before you.*

**Central Administration**  
(928) 871-6240/6235

**Navajo Regional Behavioral Health Authority**  
(928) 871-6877

**M-F (8 am-5 pm)    After Hours**

### Arizona OTC

Chinle	(928) 674-2190	(928) 551-0624
Dilkon	(928) 657-8000	(928) 551-0624
Fort Defiance	(928) 729-4012	(928) 551-0189
Kaibeto	(928) 673-3267	(928) 551-0624
Kayenta	(928) 697-3766	(928) 551-0624
Newlands	(928) 688-3475	(928) 551-0189
Red Mesa	(928) 656-5158	(928) 551-0508
Tuba City	(928) 283-3346	(928) 551-0624

### New Mexico OTC

Crownpoint	(505) 786-2111	(928) 551-0247
Gallup	(505) 722-9470	(928) 551-0566
Shiprock	(505) 368-1050	(928) 551-0508
Navajo Regional Behavioral Health Center - Shiprock	(505) 368-1438	(928) 551-0508

National Suicide And Crisis Lifeline  
988 (call or text) or [Chat online](#)

National Domestic Violence Hotline  
1 (800) 799-7233 or Text "START" to 88788

National Sexual Assault Hotline  
1 (800) 656-4673 or [Chat online](#)

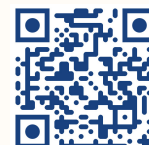
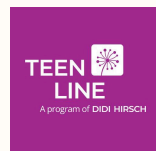
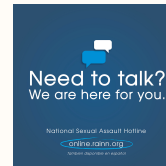
Substance Abuse & Mental Health Services Administration National Helpline  
1 (800) 662-4357

StrongHearts Native Helpline  
1 (844) 762-8483 or Chat online

The Trevor Project (Suicide Prevention for LGBTQ Youth)  
1 (866) 488-7386 or Text "START" to 678-678

Teen Line (teen-to-teen education & support)  
(800) 852-8336 or Text "TEEN" to 839863

Veterans Crisis Line  
988, then PRESS 1 or Text 838255  
[Chat online](#)



# Navajo Nation Division of Behavioral & Mental Health Services

## COMMUNITY HEALTH DIRECTORY & RESOURCES



(928) 871-6240/6235  
PO Box 709  
Window Rock, AZ 86515  
[www.nndbmhs.org](http://www.nndbmhs.org)

## Health Facilities

Chinle Comprehensive Health Care Facility  
(928) 674-7001

Crownpoint Health Care Facility  
(505) 786-5291

Dilkon Medical Center  
(928) 657-1000

Dzilh-Na-O-Dith-Hle Health Center  
(505) 960-1801

Four Corners Regional Health Center  
(928) 656-5000

Gallup Indian Medical Center  
(505) 722-1000

Inscription House Health Center  
(928) 672-3000

Kayenta Health Center  
(928) 697-4000

LeChee Health Facility  
(928) 698-4900

Leupp Field Clinic  
(928) 686-6550

Montezuma Creek Community Health Center  
(435) 651-3700

Nahata'Dziil Health Center  
(928) 688-5600

Northern Navajo Medical Center  
(505) 368-6001

Pinon Health Center  
(928) 725-9500

Sage Memorial Hospital  
(928) 755-4500

Tohatchi Health Care Center  
(505) 733-8100

Tsaile Health Center  
(928) 724-3600

Tséhootsooi Medical Center  
(928) 729-8000

Tuba City Regional Health Care Corporation  
(866) 976-5941

Winslow Indian Health Care Center  
(928) 289-4646

## Emergency Services

### Navajo Nation Police Department

Chinle District (928) 674-2111/2112  
Crownpoint District (505) 786-2050/2051  
Dilkon District (928) 657-8075  
Kayenta District (928) 697-5600/5642  
Shiprock District (505) 368-1350/1351  
Tuba City District (928) 283-3111/3112  
Window Rock District (928) 871-6111/6112

Apache County Sheriff (928) 337-4321 - Option #6  
Farmington PD 911 or (505) 334-6622  
Gallup PD 911 or (505) 722-2002/2231

### Navajo Nation Department of Fire & Rescue Services

Administration (928) 871-6930/6913  
#10 Window Rock (928) 871-6909/6915  
#20 Shiprock (505) 368-5719  
#21 Newcomb (505) 696-3359  
#22 Ojo Amarillo (505) 566-2652  
#40 Tuba City (928) 283-3007  
#50 Chinle (928) 674-2105  
#81 Twin Arrows (928) 856-5978/7299

Kayenta Township FD (928) 697-3350  
Ganado Fire District (928) 755-3400  
Puerco Valley FD (928) 688-3616  
Crownpoint FD (505) 786-7385

### Navajo Nation Emergency Medical Services

Administration (928) 871-6410/6454  
Chinle (928) 674-7099/7098  
Crownpoint (505) 786-2427  
Inscription House (928) 672-2343  
Kayenta (928) 697-4074/4075  
Ojo Encino (928) 206-9344  
Pinon (928) 725-9681/7098  
Red Mesa (928) 656-5542  
Shiprock (505) 368-6175  
To'Hajiilee (505) 908-2367  
Tuba City (928) 283-2531/2532  
Window Rock (928) 871-7846  
Winslow (928) 289-6120

## Local Shelters

Alice's Place - Winslow, AZ  
(928) 289-3003

Ama Doo Alchini Bighan - Chinle, AZ  
(505) 674-8314

Gentle Ironhawk Shelter - Blanding, UT  
(435) 678-0777/0700

Northern Tree House Shelter - Shiprock, NM  
(505) 368-1157/1149

Family Crisis Center - Farmington, NM  
(505) 564-9192 (24-hour helpline)

Battered Families Services - Gallup, NM  
(505) 722-7483 (crisis) / (505) 722-6389

Roberta's Place - Grants, NM  
(505) 287-7200 (24-hour helpline)

## State Resources

### Arizona

Arizona Statewide Crisis Line  
1 (844) 534-HOPE (4673) or Text 44673

Northern Arizona Crisis Line  
1 (877) 756-4090

Teen Lifeline - Statewide  
1 (800) 248-8336

### Utah

San Juan Counseling Center  
1 (888) 833-2992 (toll free) or (435) 678-2992  
After hours crisis line: 1 (800) 273-8255

### New Mexico

New Mexico Crisis and Access Line  
1 (855) 662-7474

Agora Crisis Center  
1 (855) 505-4505 or (505) 277-3013

New Mexico Peer to Peer Warm Line  
1 (855) 446-7100