

# About Us

Established in 1987, the Navajo Nation Division of Behavioral & Mental Health Services (DBMHS) is the lead agency providing comprehensive substance use, care coordination, education, treatment and aftercare services to Navajo individuals and their families.

DBMHS is committed to improving the level of quality health and wellness of each individual and family affected by substance use and/or mental health problems.

## Mission

Providing comprehensive behavioral health services to Native families.

## Vision

*Diné Be'iina' Hozhoogo Silá*  
*In the Navajo Way of Life there is beauty before you.*

## Our Priorities



## DBMHS Offices

Central Administration  
(928) 871-6240/6235  
PO Box 709  
Window Rock, AZ 86515

Navajo Regional Behavioral Health Authority\*  
(928) 871-6877  
Window Rock, AZ

### ARIZONA

- Chinle Outpatient Treatment Center  
(928) 674-2190
- Dilkon Outpatient Treatment Center  
(928) 657-8000
- Fort Defiance Outpatient Treatment Center  
(928) 729-4012
- Kaibeto Outpatient Treatment Center  
(928) 673-3267
- Kayenta Outpatient Treatment Center  
(928) 697-3766
- Newlands Outpatient Treatment Center  
(928) 688-3475
- Red Mesa Outpatient Treatment Center  
(505) 656-5158
- Tuba City Outpatient Treatment Center  
(928) 283-3346

### NEW MEXICO

- Crownpoint Outpatient Treatment Center  
(505) 786-2111
- Gallup Outpatient Treatment Center  
(505) 722-9470
- Shiprock Outpatient Treatment Center  
(505) 368-1050
- Navajo Regional Behavioral Health Center - Shiprock  
(505) 368-1438

\*NRBHA services available at Arizona & NRBHC locations.



# Navajo Nation Division of Behavioral & Mental Health Services

## PROGRAMS & SERVICES



(928) 871-6240/6235  
PO Box 709  
Window Rock, AZ 86515  
[www.nndbmhs.org](http://www.nndbmhs.org)

# Treatment

As the lead behavioral health provider on the Navajo Nation, DBMHS administers nine (9) outpatient treatment centers across Arizona, three (3) outpatient treatment centers and one (1) residential treatment center in New Mexico.

## Arizona OTC

Chinle*	Kayenta
Dilkon	Newlands
Fort Defiance	Red Mesa
Kaibeto	Tuba City

## New Mexico OTC

Crownpoint	Shiprock**
Gallup	

\*includes Sober Living Center

\*\*includes Residential Treatment

# Why Choose Us?

- Our counselors, licensed therapists, traditional practitioners, and faith-based counselors provide a holistic approach to those seeking help.
- We foster healing and harmony through a safe and confidential environment.
- We advocate for Indigenous youth by nurturing positive development to help them build healthy relationships.
- Navajo Regional Behavioral Health Authority (NRBHA) provides care coordination services for federally recognized tribal members with a serious mental illness or substance use disorder.

# Services

We believe that each client has a unique history and culture that must be respected. Our goal is to provide services that are designed to enhance, promote, and expand the recovery, independence, self-sufficiency, self-esteem, and quality of life of each client.

- |                                     |                                     |
|-------------------------------------|-------------------------------------|
| • Assessment & Placement            | • Traditional & Faith Services      |
| • Treatment Plans                   | • Support Services                  |
| • Care Coordination & Collaboration | • Prevention, Education, & Outreach |



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|--|--|
| <ul style="list-style-type: none"> <li>• Traditional Ceremonies</li> <li>• Native American Church (NAC) Ceremonies</li> <li>• Sweat Lodge Sessions</li> <li>• Talking Circles</li> </ul> | <ul style="list-style-type: none"> <li>• Pastoral Prayer Services</li> <li>• Chapel Services</li> <li>• Bible Study</li> <li>• Faith-Based Counseling</li> </ul> |
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# Required Documents

- Photo ID or Driver's License
- Social Security Card
- Certificate of Indian Blood (CIB)
- Map to Physical Address
- Physical Examination within last 30 days
  - TB Skin/Test Result

## Additional Documents Required for NRBHA and/or Residential Treatment Services

- AHCCCS enrollment
  - Behavioral Health Site 14
- Immunization Record
- Evaluation within last 30 days
  - Psychiatric Evaluation for MH services
  - Substance Use Assessment
- Court Documents
  - Copy of Court Order
  - Probation Agreement
- Child Protective Service Documents
  - Parent/Guardian/Child(ren) involved with Family Services - Social Services
- School Grade Report, Incident Reports
  - Anyone under the age of 18 years old
- Marriage License
  - For applicants who are non-native, but married to an enrolled tribal member

Any missing information can be considered for enrollment of treatment services. Please contact us for assistance.